




ACTION FOR STAFF, PARENTS AND CARERS COVID-19

Updated 23rd Feb 2021 using Government Guidance 22nd Feb 2021

Self-isolate immediately and DO NOT ATTEND SCHOOL if:	Book a Coronavirus COVID-19 Test if:
<p>You or anyone else in your household, childcare or support bubble develops these symptoms:</p> <p>A new and continuous/persistent cough (coughing a lot for more than an hour or 3 or more coughing episodes in 24 hours)</p> <p>A high temperature (Hot to the touch on chest or back)</p> <p>Loss or change to taste or smell is noticed</p>	<p>You or your child have these symptoms:</p> <p>A new and continuous/persistent cough (coughing a lot for more than an hour or 3 or more coughing episodes in 24 hours)</p> <p>A high temperature (Hot to the touch on chest or back)</p> <p>Loss or change to taste or smell is noticed</p>
<p>You have been in CLOSE CONTACT with anyone who has tested POSITIVE for Covid-19 using either a LFD (Lateral Flow Device) Test or a PCR (Polymerase Chain Reaction Test).</p>	<p>Arrange a PCR Test by calling NHS 119 or using the NHS Testing and Tracing COVID-19 Website</p>
<p>If you are required to do so after travelling from certain countries.</p>	<p>A home Testing Kit can be obtained from school although a test at a Test site is faster and preferable.</p>
<p>If you have been advised to isolate by NHS Test and Trace or the Public Health England Local Health Protection Team.</p>	

WHEN CAN YOU RETURN TO SCHOOL?

- ✓ **You should remain in isolation for the full 10 day period.**
- ✓ You can return if you have **completed the isolation period OR you have had a negative PCR Test result** and you have **no further symptoms.**

The only exception to this is a residual cough and lack of taste. This is because a cough or anosmia can last for several weeks once the infection has gone. If you still have a high temperature after 10 days or are otherwise unwell, you should stay at home and seek medical advice. The school will need evidence of the negative test result if the full isolation period is not over.