



St. Leonard's CE (A) First School Newsletter

Friday 20th January 2023

'From a tiny spark to a bright flame'



'In him was life; and life was the light of men. And the light shineth in darkness'. (John 1:4-5)

Executive Headteacher of St Leonard's CE (A) First School / Executive Principal of Manifold C of E Academy: Mrs Kelly Stanesby Chair of Governors: Mrs Sue Hey and Rev Jane Held: Designated safeguarding lead: Mrs Kelly Stanesby, Deputy safeguarding leads: Mrs Julie Amos and Miss Torr

Monday 23rd January 2023

Full uniform

1.00pm - 4.00pm - Governor's strategy meeting

Tuesday 24th January 2023

Full uniform

Wednesday 25th January 2023

Welly Wednesday PE kit

Welly Wednesday



Thursday 26th January 2023

Full uniform

Friday 27th January 2023

PE kit

Your lunch menu for the 23rd January 2023 - 27th January 2023

Monday 23 rd January	Tuesday 24 th January	Wednesday 25 th January	Thursday 26 th January	Friday 27 th January
Burger, chips, carrots and peas	Chicken pie, mashed potatoes, peas and green beans	Roast gammon, mashed and roasted potatoes, carrots and cabbage	Beef bolognaise sweetcorn and beans	Fish fingers, chips, beans and peas
Ice cream	Chocolate sponge	Oatie biscuit	Secret brownie	Ice cream

Star Awards



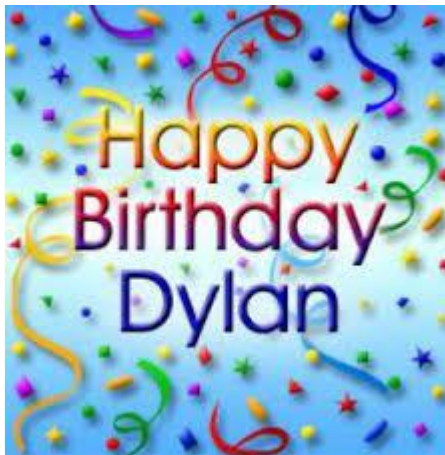
Congratulations are sent out to the following children who won Star Award's this week:

Headteacher's Award	Sam
Star of the Week Sparks	Sophie
Star of the Week Flickers	Corah-Rae
Star of the week Flames	Jack S
Spark to a flame Sparks Class	Elise
Spark to a flame Flickers Class	RosaBella
Mrs Amos award	Nina
Cook's Award	Sam
Writing award	Dottie
Maths award	Megan
Pe Award	Dottie, Eleanor, Dylan, Corah-Rae, Kallum, Emily, RosaBella, Ewan, Jack S, Rosanna, Oscar, Taya, Nina, Lili

Happy Birthday

A very Happy birthday to Dylan who celebrates his birthday this week.

We hope you have a fabulous day Dylan.



Well done!

A massive well done to Jack who won man of the match at his first rugby game this year playing against Crewe.

Brilliant Jack!



School Nurses

The Families' Health and Wellbeing (0-19) Service is the local Health Visiting and School Nursing service. They offer support to schools and parents of children aged 0 to 19 years around lots of health related topics to help children.

Please follow the link to an e-leaflet, which introduces your local School Nurses and shares some development and health information which parents/carers of reception aged children may find useful.

<https://sway.office.com/FCGZ3RAoqHhKP5JE?ref=Link>

The e-leaflet also contains a link to a contact form. This form is confidential, which means the answers you give will be returned to the Families' Health and Wellbeing Service and will not be shared with our school.

The Families' Health and Wellbeing Service can also be contacted through the Children and Families Health and Wellbeing Single Point of Access (CaFSPA), often referred to as the Hub, or their ChatHealth (text) services.

CaFSPA Freephone: 0808 178 0611

ChatHealth (cost of standard rate message) text: 07520 615 722



Polar museum

Mrs Goldstraw is visiting the Polar Museum in Cambridge. It is also known as The Scott Polar Research Institute and is a centre for research into the polar regions and glaciology worldwide. She is going to take with her the children's fabulous polar picture they created when they were studying Ernest Shackleton and ask them if they could display it!

We will keep you posted when the display is in place.



Following on from advice from the DFE please see the guidance below:



UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Thread worms	Slapped cheek



Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

Snow much fun!

On Wednesday the children had lots of fun in the snow.



Dates for the diary

Spring Term 2023

Census Day - Thursday 19th January

Term ends - Friday 17th February

Term starts - Monday 27th February

Year 3 and 4 - Bikeability - Thursday 2nd March

Mother's Day activity and tea afternoon Thursday 16th March

Term ends - Friday 31st March

Easter holidays - Monday 3rd April - Friday 14th April

Summer Term

Term starts - Monday 17th April

May Day - 1st May

Coronation celebration at Manifold Primary School - Friday 5th May

King's Coronation bank holiday - Monday 8th May

Term ends - Friday 26th May

Term starts - Monday 5th June

Term ends - Friday 21st July

The list of dates is not exhaustive at this time of the year . We will, of course, keep you up to date.



Twitter is a social media network which allows users to post short messages ('tweets') of up to 280 characters. Tweets can consist of text, photos, videos, audio, links, polls and GIFs - often linked by hashtags if they share a common theme or message. Hashtags receiving high levels of interest are said to be 'trending'. Twitter users can engage with other people's posts by liking, retweeting (sharing) or tweeting back (commenting on). Since the entrepreneur Elon Musk acquired Twitter in 2022 for \$44 billion, the platform has undergone several major changes.

In the guide, you'll find tips on a number of potential risks such as trolls and bullying, fixation on view count and interaction with strangers.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about TWITTER

Twitter is a social media network which allows users to post short messages ('tweets') of up to 280 characters. Tweets can consist of text, photos, videos, audio, links, polls and GIFs - often linked by hashtags if they share a common theme or message. Hashtags receiving high levels of interest are said to be 'trending'. Twitter users can engage with other people's posts by liking, retweeting (sharing) or tweeting back (commenting on). Since the entrepreneur Elon Musk acquired Twitter in October 2022 for \$44 billion, he has implemented several major changes to the platform.

AGE RESTRICTION 13+

WHAT ARE THE RISKS?

INTERACTION WITH STRANGERS

Tweets are public by default, meaning that anyone can view and interact with posts, follow someone and send direct messages. The concern here is that young people may therefore connect and communicate with strangers. Some individuals may follow a young person's Twitter account simply because they have similar interests; however, others may turn out to have more sinister intentions.

FIXATION ON VIEW COUNT

Twitter has recently introduced a 'view count' feature - telling users how many people have seen their tweet (even if they haven't reacted to it). Previous research has found that unfavourable comparisons with other social media users can cause young people to experience feelings of insecurity, jealousy and low self-esteem - leading to an obsession with increasing their numbers.

TROLLS AND BULLYING

The anonymity offered by fake profiles encourages some users to send tweets designed to provoke a reaction; to disrupt conversations; to spark an argument; or to harass the recipient. Such trolling and bullying can impact the mental wellbeing of both the target and anyone who witnesses it. Encourage your child to come to you if they experience such behaviour on Twitter, or if they see it taking place.

PAID-FOR VERIFICATION

Previously, if a Twitter profile displayed a blue tick icon, it meant that the owner - usually a celebrity or a major organisation - had been verified as genuine. Now, however, anyone can pay for a Twitter Blue subscription to receive the tick, with the platform carrying out limited checks on the account's authenticity. This could easily lead to more fake accounts impersonating real people or companies.

CONTENT MODERATION CHANGES

In late 2022, Twitter stated that their 'policy enforcement will rely more heavily on de-amplification of violative content: freedom of speech, but not freedom of reach'. No policies have changed yet, but this wording suggests they may limit who can see posts rather than removing them. While supporting free speech, this could encourage an environment where some toxic content remains online.

HIJACKED HASHTAGS

The hashtag (#) is one of Twitter's most recognisable facets, allowing users to find specific trends or topics. But the sheer volume of tweets each hour can rapidly distort a hashtag's meaning: an initially innocent search term can quickly end up returning inappropriate results. This is common with 'trending' hashtags, as people know that using them will get their tweet seen by a larger audience.

Advice for Parents & Carers

SET ACCOUNTS TO PRIVATE

To reduce some of the fear of your child's tweets being seen and shared by anyone, you can always make their account protected. This means that your child has to give approval for another user to view their posts. You can change Twitter's privacy settings so that your child can't be messaged directly by other people on the platform and their geographical location won't be shared.

FOSTER CRITICAL THINKING

It can be difficult for anyone to ascertain if something online is real or false, but particularly for young people. Encourage your child to check several reputable sources to determine if a story they've seen is true; remind them to watch out for scams and think about the message's possible motive. Emphasise that it's not a good idea to retweet something if they aren't sure it's correct.

ENGAGE SAFETY MODE

When Safety Mode is activated, Twitter checks for abusive or spammy behaviour such as hurtful language or repeated negative replies. The platform then flags these suspect accounts and blocks them from responding to your child's tweets. The autoblock function then prevents these accounts from interacting with your child's again for seven days.

EXPLORE THE NEW SETTINGS

Previously, any user could reply to anyone else's tweets. However, the new conversation settings let your child determine who can reply to their posts - either by selecting everyone (the default option), people they follow or only people they mention (using the @ symbol). This improvement has given users extra control, providing them with more protection from trolls and online abuse.

PAUSE BEFORE POSTING

It's important that young people think about what they're about to post and whether they might regret it later. Twitter has developed 'nudges': little prompts which appear if someone is about to tweet using harmful or offensive language. These nudges promote more positive online behaviour by giving users an opportunity to pause and consider their words before they post something.

BLOCK, REPORT OR MUTE

If someone is upsetting your child on Twitter, you can block and report them. Blocking stops them from messaging or following your child, while reporting an account alerts Twitter to investigate possible misuse. The 'mute' feature, meanwhile, keeps tweets from a specific account (or which include certain words) out of your child's timeline. The other user won't know that they've been muted.

BE CAREFUL WHO TO FOLLOW

As accounts are no longer being as rigorously verified under the 'blue tick' system, it's essential that young Twitter users understand what this means. In terms of people not necessarily being who they claim. Anyone who your child only knows online is still a stranger, regardless of how long they've been communicating for. Remind your child never to disclose personal information on social media.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government concerning internet use and sexting behaviour of young people in the UK, USA and Australia.

NOS National Online Safety®
#WakeUpWednesday

Source: <https://blog.twitter.com/common-thread/en/topics/stories/2022/how-twitter-is-nudging-users-healthier-conversations> | https://blog.twitter.com/en_us/topics/product/2022/twitter-blue-update
https://blog.twitter.com/en_us/topics/company/2022/twitter-2-0-our-continued-commitment-to-the-public-conversation | <https://scholarworks.lib.csusb.edu/cgi/viewcontent.cgi?article=213&context=etd>

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 16.01.2023

Game finder

Finding games for children which are appropriate for their age, which work on the devices the children use and the children will actually enjoy playing can be a minefield, particularly when parents are being bombarded with the 'but everyone else is playing this game' script!

Game Finder is a new and free service available from Taming Gaming which shows parents advised games for their child, depending on factors such as how old they are, what devices they have and what types of games do they like to play.

The answers to these filters will then allow GameFinder to provide an instant list of recommendations of suitable games.

<https://www.taminggaming.com/en-gb/gameFinder>



Year 3 and Year 4 residential

Originally the year 3 and year 4 children's residential visit was to be held at Standon Bowers from 10th May to 12th May 2023.

This may now change as we are looking into other options so the dates may vary according to availability. We will confirm as soon as we know but if this year's outdoor learning visit goes ahead it is set to be a little bit different but still lots and lots of fun!



Toys from home

We do not encourage children to bring toys in from home unless otherwise requested by the class teacher. This is in case they get lost or broken.

They can also be disruptive to the learning environment and cause jealousy among the other children.

Thank you



Welly Wednesday

On Welly Wednesday the children were lopping Christmas trees and finding sticks for art!

Mrs Goldstraw showed the children how to safely remove the branches from the Christmas trees. The children then gathered the branches which will be saved to cover the shelters that they will be making.

They were also collecting sticks for their artwork. They will be making little stick houses with them. There was also some fun to be had playing in the snow.



Sparks

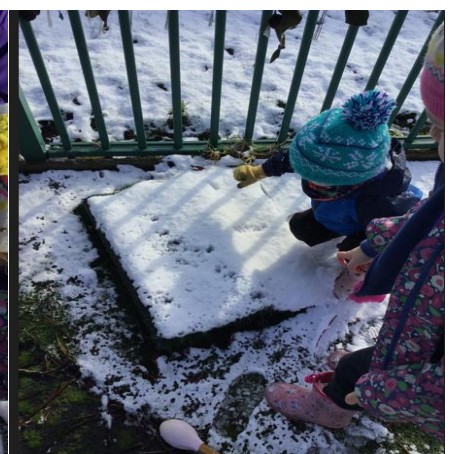
This week Sparks have been on a train journey!

They have been learning the sound "ai" in Phonics.

They have also been on a bear hunt! They made bear faces and have been reading "We're going on a bear hunt".

Their other hunt was around the school. Isabelle the dragon decided to hide from the children. They followed their maps which held clues as to where Isabelle was hiding and they eventually found her hiding place in the hall.

They played outside with the snow and learned how it turned in to ice as the weather grew colder.



Flickers

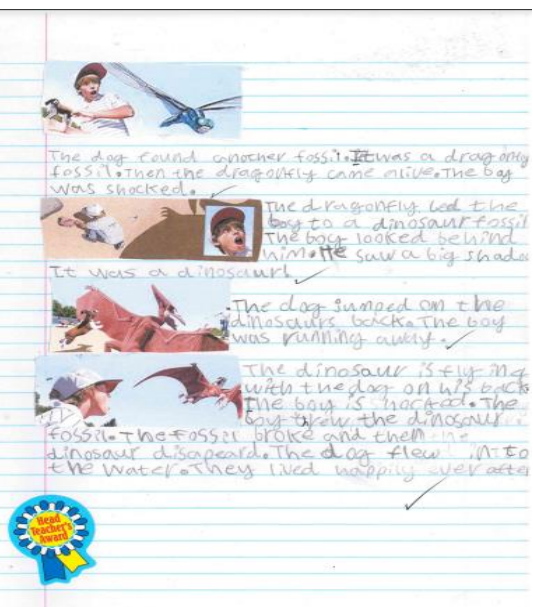
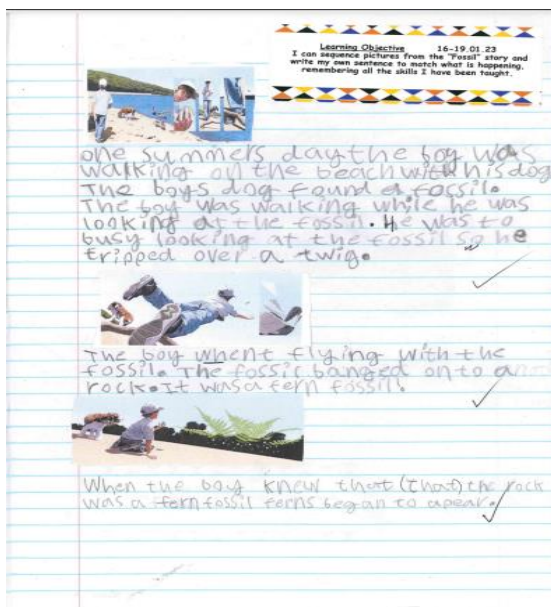
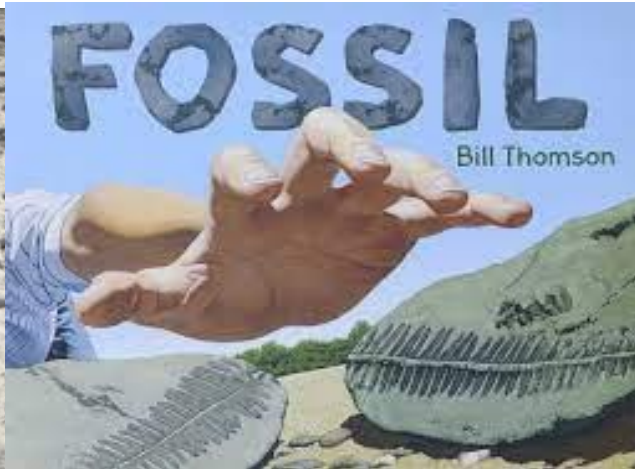
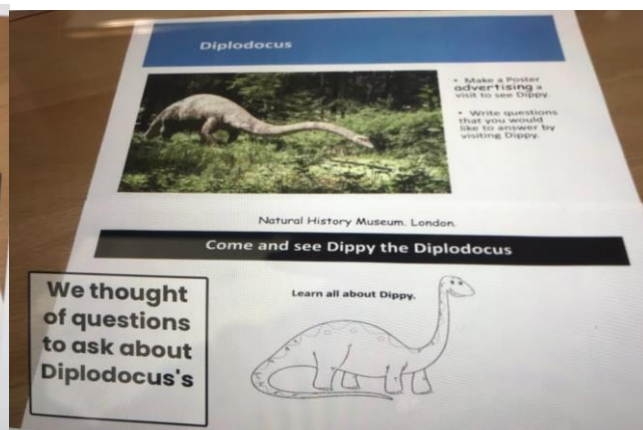
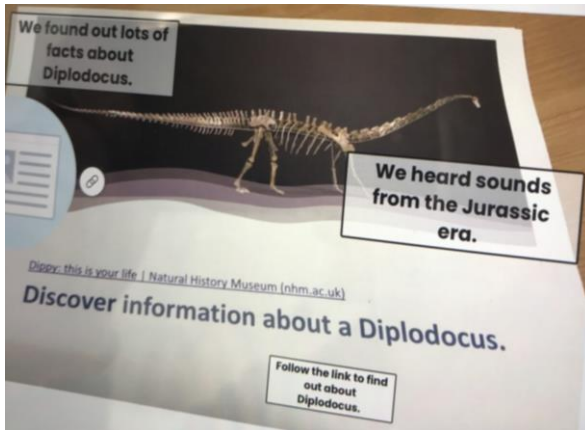
This week Flickers class have continued their learning about fossils and dinosaurs.

They have been drawing fossils in the snow and have been studying the Diplodocus. They looked at the skeleton of "Dippy" who resides in London's Natural history museum.

They have been reading the wordless book "Fossil" and creating their own interpretation of the story based on the pictures. The book has really sparked their imagination with some fantastic writing.

Jack C earned a phone call home for his brilliant writing.

Lots of Flickers class have actually earned phone calls home this week for Maths and English so a very well done to them for their hard work!



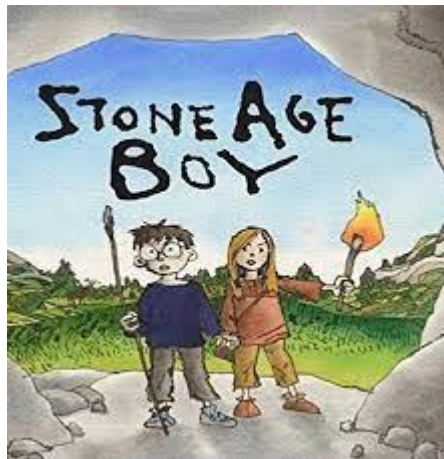
Flames

Flames class have been writing about the book "The Stone Age Boy".

"Step back 15,000 years as a modern boy enters a Stone Age village and learns a few prehistoric tricks of the trade. One day a boy falls down a hole, and an amazing thing happens — when he wakes, he's in a camp full of people wearing animal skins! ..."

The children looked at wordless illustrations and created a conversation which they think would have happened between a Stone Age Boy and a modern day boy.

They then acted this out as a play.



They have also been learning Spanish and impressing our Co Chair of Governors, Mrs Sue Hey, and one of the school's moderators with their modern foreign language skills.

Flames class now do the register in Spanish!

